



## Birstall and Wanlip Neighbourhood Watch Useful Telephone Numbers

<b>Emergency Services</b> <i>Police, Ambulance, Fire and Coastguard</i>	<b>999</b>	Always dial 999 if somebody is in danger or if a crime is in progress. <b>ONLY USE IT FOR URGENT CALLS.</b>
<b>Police</b>	<b>101</b>	Use this number for all other calls to the Police, such as reporting a crime that has already happened.
<b>NHS Advice</b>	<b>111</b>	Help and advice if you have an urgent medical problem and you are not sure what to do.
<b>Watch Phone</b>	<b>0756 2422 756</b>	Birstall and Wanlip Neighbourhood Watch.
<b><u>Utilities</u></b>		
<b>Electricity</b>	<b>105</b>	
<b>Gas</b>	<b>0800 111 999</b>	Use these numbers to contact your local supplier, <b>especially in an emergency.</b>
<b>Water</b>	<b>0800 783 4444</b>	
<b><u>Help, Counselling and Advice</u></b>		
<b>Age UK Advice Line</b>	<b>0800 678 1602</b>	A free and confidential national phone service for older people, their families, friends, carers and professionals.
<b>Al-Anon Family Groups</b>	<b>0800 008 6811</b>	For anyone affected by someone else's drinking.
<b>Alcoholics Anonymous</b>	<b>0800 917 7650</b>	If you need help because of a drinking problem.
<b>Childline</b>	<b>0800 1111</b>	Free, confidential advice and support for those under 18, whenever help is needed and whatever the worry.
<b>Citizens Advice</b>	<b>0345 404 0506</b>	Local charities that offer free and confidential advice.
<b>Cruse Bereavement Care</b>	<b>0808 808 1677</b>	Emotional support and practical advice related to bereavement, including dealing with an estate, debt and arranging a funeral.
<b>First Step</b>	<b>0116 254 8535</b>	A Leicestershire organisation for male survivors of sexual abuse and rape.
<b>Frank</b> <i>(National Drugs Helpline)</i>	<b>0300 123 6600</b>	Advice and information for drug misusers, their families, friends and carers.
<b>Leicester Rape Crisis</b>	<b>0116 255 8852</b>	Accepts self-referrals from individuals who have been sexually abused or raped.

<b>Leicestershire Relate</b>	<b>0116 254 3011</b>	Help for people of all ages, backgrounds, sexual orientations and gender identities to strengthen their relationships.
<b>Men's Advice Line</b>	<b>0808 801 0327</b>	For male domestic abuse survivors.
<b>Mencap</b>	<b>0808 808 1111</b>	Information and advice for people with learning disabilities, their families and carers.
<b>National Debtline</b>	<b>0808 808 4000</b>	Talk through your options and get clear advice on how to take back control of your money.
<b>National Domestic Violence Helpline</b>	<b>0808 200 0247</b>	Advice and help for victims of domestic abuse.
<b>National Rape Crisis Helpline</b>	<b>0808 802 9999</b>	For women survivors of rape and sexual abuse in England and Wales.
<b>NSPCC</b>	<b>0808 800 5000</b>	If you are worried about a child contact professional counsellors for help, advice and support.
<b>Samaritans</b>	<b>116 123</b>	Call any time whatever you are going through. Free from any phone.
<b>Scope</b>	<b>0808 800 3333</b>	Free, independent and impartial advice and support on issues that matter to disabled people and their families.
<b>StepChange Debt Charity</b>	<b>0800 138 1111</b>	Get free, confidential advice and practical solutions to help you deal with your debts.
<b>The Mix</b>	<b>0808 808 4994</b>	Support for the under 25s; mental health, money, homelessness, finding a job, break-ups, drugs etc.
<b>Victim Support</b>	<b>0808 168 9111</b>	Free service for anyone affected by crime, regardless of whether it has been reported or how long ago it happened.

### **Local Authorities**

<b>Birstall Parish Council</b>	<b>0116 267 6191</b>
<b>Charnwood Borough Council</b>	<b>01509 263151</b>
<b>Leicester City Council</b>	<b>0116 454 1000</b>
<b>Leicestershire County Council</b>	<b>0116 232 3232</b>

### **Other Crime-related Services**

<b>Action Fraud</b>	<b>0300 123 2050</b>	Report fraud and cybercrime.
<b>Crimestoppers</b>	<b>0800 555 111</b>	Give information about crimes completely ANONYMOUSLY.